

Walking Football Return To Play Protocol

Welsh Government's latest announcement indicates that we will be able to play outdoors in groups of up to 30 from 26 April. We will abide by the guidance from the FAW when that is available, but the following is the Welsh Walking Football Federation recommendations:

1. Start with non-contact training/game/fitness sessions.
2. The number of players at any session must be strictly limited to 30 or less
3. Players must arrive changed and ready to take part in their own kit, and they must leave in that kit.
4. Players must bring their own masks to be worn if indoor toilets are available or if other close contact is unavoidable.
5. If team bibs are used, there must be arrangements in place for their safe handling.
6. Participants must arrive no more than 10 minutes before the scheduled start of session and leave immediately after the session ends.
7. All training sessions to have a designated Covid official who shall take a register and ensure that each player has signed an up-to-date medical waiver form and confirmed the absence of Covid symptoms. If in doubt (for example, if a player has a persistent cough), the relevant player should be excluded.
8. The Covid official shall take temperatures of all attendees using a remote sensing thermometer BEFORE gaining access to the site and if anyone has a fever (38 degrees or above they must be excluded).
9. All training sessions to be run by a designated club official and all participants will obey that official's safety instructions. Training sessions are preferably to be conducted with players separated by at least 2 metres.
10. Goalkeepers must wear their own gloves which should be disinfected before and after each session. There shall be no sharing of equipment (e.g., drinks, whistles, pencils, gloves).
11. Players should hand sanitise before and after each training session. Players should bring their own water or drinks bottle.

12. No socialising or drinks will be permitted before or after a training session; no handshakes or other physical contact to be permitted.
13. Players should travel to and from sessions in separate vehicles wherever possible.
14. A qualified First aider must be present at all sessions, with personal protective equipment.
15. Should numbers exceed 23, play will be restricted to a maximum of 8 players per team for 10 minutes per game. Anyone who is not playing must remain outside the playing area and remain 2 metres apart from others at all times.
16. All equipment will be sanitized at the end of every training session.